

Healthy Connections: Moving Towards What We Want



This class is an opportunity for programs, communities and individuals to work together to identify what they are moving towards and how to use their relationships to get there. Class begins with a 1/2 day session where participants discuss and plan what they want to learn. The following three day-long sessions use the four-tasks of Intentional Peer Support to address topics such as listening differently, challenging conversations, conflict and crisis situations.

This training is geared towards the needs and desires of the host program.

You must attend all four days to earn a certificate.

If you have questions, feel free to contact Kelly Staples 287-5805 or

Kelly.Staples@maine.gov



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